



SEA KAYAKING: Introductory, Development and Leadership Workshop

15 - 17 November 2019

Victor Harbor Beachfront Holiday Park

This will be a high-quality training and networking event for the SA sea kayaking community.

During the weekend these opportunities will be offered;

- **Introduction to Sea Kayaking**

Program will include theory instruction and practical on water sessions. Topics include clothing & equipment, paddle strokes, launching, rescues, weather knowledge and how to plan a paddle. The activity will cover workshops on *Setting up Your Craft & Packing for a Journey* -- then culminate in a sea kayaking day trip.

- **Sea Skills Assessment**

This is an option for experienced paddlers looking to achieve a recognised award for their skills. We'll review; planning a sea paddle, refining paddling skills in moderate sea conditions and surf to 1m and culminate in a day paddle along this magnificent part of the coast.

- **Sea Leaders Program**

This program is designed for Club paddlers and others who are seeking to guide groups of paddlers on activities. There will be a focus on sound paddle technique, trip planning, efficiency in rescues, group management and situational awareness, weather and navigation. The finalisation of your program will be leading the other groups on a day paddle.

All sessions will be led by experienced Paddle Australia Instructors / Assessors

It is planned to share a group BBQ dinner on Saturday night. A guest speaker will be sought. *NB The complete program of events will be released early October.*

Cost **\$ 240** full weekend **\$ 120** single day **\$ 65** single workshop

Accommodation

We have reserved tent camping space at the Victor Harbor Beachfront Holiday Park <https://www.nrmaparksandresorts.com.au/victor-harbor/>

Interested paddlers should contact the Park directly to book and pay for a site.

For further info: PSA office sa@paddle.org.au or Jim Townsend 0417 899 920